



St Edmundsbury e-Newsletter

Life Saving

Jan 23 www.stedmundsbury-lifesavers.org.uk

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Having been back for a couple of weeks, I hope you all had a lovely Christmas and are looking forward to brighter days and getting back outside! It was great to bring back the Christmas Cracker for the whole club last term and my thanks to Neve & Millie for organising the night, which seemed to be enjoyed by all. Whilst the Rookies continue as normal, the Royal Life Saving Society is changing the Survive & Save programme. As a committee we are looking at how to complete existing awards and move to the new programme from Easter.

Another thing to look forward to is our Club Camp. We will be back at Hemsby again this year, dates for your diary are the weekend of 30th June, with more details coming out soon.



In December we said farewell to Sam as he is heading off on new adventures at the start of his service career. Sam joined the club as a small Rookie with his brother and has been through many awards and in recent years helped as a trainer. It has been a privilege to see him grow and hopefully taught him a thing or two and we wish him well in the future and look forward to seeing him pop in when he can! Best wishes Sam and *thank you on behalf of all the club members!*



Sign up today to the challenge or feel free to sponsor Sarah or William!



Our Treasurer Sarah, and William (Rookie) Pawsey (pictured left) have signed up for the challenge to swim 10k (400 lengths of the pool) during the year. Its free to join the challenge and any sponsorship collected will go to good causes within the RLSS. When you register (see below), you will receive a swim hat and booklet full of fundraising tips and support to achieve the challenge. When you have completed it, you will receive a medal & certificate to celebrate your success!

[Make a Splash | Royal Life Saving Society UK \(RLSS UK \)](#)



Our 2022 Christmas Cracker winning team – 'Xmas Julians'. The events organised by Neve & Millie included Silly sausage rolls, Bobsleigh bonanza, Save our Santa and Reindeer rampage. The teams were mixed from across the club using mats, surf skis, ropes and anything Nigel could find for the 'Present pick up'. The final positions behind our winning team were: 2nd Ho, Ho, Ho, Joint 3rd – Mince Pie Musketeers & Elf & Safety, 4th – Julians (and no some teams weren't very Christmassy with their names!) and 5th – Pigs in blankets. Well done to all the teams and thanks to the many parents for supporting!



Events/Diary Dates;

Half term break – No club on the 12th Back on the 19th February

Last club night before Easter – 26th March, back 23rd April

Club Camp 30th June – 2nd July – book early